

祂是扶持我們的神

感謝主！下週二就是第四次化療。很快，化療將做了一半。這段日子本該是在困難中度過，但因有主與我同行，祂用恩手托住我，用祂的愛圍繞我，我要從心裡說，每一天都是在祂的恩手下度過，主實在使困難成為我們的恩典。

過去兩個月，每晚睡覺的時間約 10 個小時。中間約每兩小時就自動醒來，起床吃點東西之後再睡。夜深人靜，一個人對著那一小碗以前兩口就吃完的份量，一點點慢慢吃下去。每次一小口一小口吃的時候，就想到詩篇所說：「你們要尝尝主恩的滋味，便知道祂是美善，投靠祂的人有福了。」(詩 34:8)。這碗小小的食物實在就充滿主莫大的恩典，能夠吃下去就是因為祂幫助了我。每吃一小口的時候，我就想這就是尝尝主恩滋味的時候。主實在美善，每時每刻都扶持我。從這一小碗的食物，我也看到教會弟兄姊妹的愛，他們差不多每天都輪流著把食物煮好，送到我家，一看就知道都是他們精心的廚藝，花了不少時間，用非常好的材料烹煮。每一口都讓我心中感恩與滿足。也謝謝主，每天師母和二姐都非常仔細的照顧我。每次做化療的前五天，醫生說我不可以碰冰冷的東西，也不能到冰箱拿東西，每次我起來的時候，師母與二姐也輪流起床為我預備食物。真的，這段日子我是活在神的恩典與各地弟兄姊妹的愛與禱告中，真要讚美那施恩並用愛扶持我們的神。

第三次化療後，剛開始吃東西比較多，但過了幾天吃的量又慢慢減少。醫生就決定每星期一、三、五要我到醫院去吊鹽水，避免脫水，因為脫水也會影響消化系統的運作。感謝主，這樣的安排結果蠻有效，吃東西與喝水又開始增加，而身體也得以保持體重不再減輕。非常感謝主，祂是扶持我們的神。正如大衛所說：「他病重在榻，耶和華必扶持他；他在病中，祢必給他鋪床。」(詩 41:3)。祂是滿有恩典，又是顧念我們的神，投靠祂的人，雖在重病中，卻是享受主愛的時候。

附：由於從這個星期日起，中心將舉行為期兩週的讀經營 (七月二十六至八月一日) 與門徒訓練營 (八月二至八日)，我的分享將暫停一週。8 月 9 日以後再繼續，請為下次化療 (7 月 28 日) 禱告，並為八月底或九月初的手術禱告。

He Is the God Who Sustains Us.

Thanks to the Lord! Next Tuesday will be my fourth round of chemotherapy. That means chemo is halfway done. These past months would have been very difficult, but because the Lord was with me, because He held me in his arms and surrounded me with His love, I would say from my heart that every day has been spent with His gracious arms under me, and that the Lord has truly made difficulty into a gift.

For the past two months, I generally have about ten hours of sleep each night, waking every two hours to eat something. In the middle of the night; all is quiet. I am all alone with a small bowl of food which I would finish in two bites in times past. Now I can take only little nibbles, finishing

it slowly. Every little bite reminds me of the psalm, “Taste and see that the LORD is good; blessed is the man who takes refuge in Him.” (Psalm 34:8). This little bowl of food is really full of the Lord's great kindness. He has helped me. Every time I take a small bite, I take it as the time to taste the goodness of the Lord. The Lord is truly good to me and He sustains me every moment of the way. From this small bowl of food, I also saw the love of the church brothers and sisters. Almost every day they take turns to cook the food, bringing it to my home. They spend a lot of time, using very good materials to cook delicious food. I am very grateful and my heart is satisfied with every bite I take. I also thank the Lord for Mrs. Ko and my sister. They take very good care of me every day. Five days before each chemotherapy, by doctor's orders I am not allowed to eat anything cold, not get anything from the refrigerator. Every time I get up, Mrs. Ko or my sister take turns to also rise and prepare food for me. I have been truly living in the grace of God and the love and prayers of brothers and sisters everywhere. I want to praise the Lord who sustains us with love and grace.

Right after the third chemotherapy, I could eat more. However, a few days later the amount of food intake slowly decreased. The doctor decided to have me go to the hospital three days a week for IV to avoid dehydration. Dehydration would quite hamper the function of the digestive system. Thanks to the Lord, this arrangement has been effective. Eating and drinking increased again, and my body maintained no weight loss. I thank the Lord that He is the God who sustains us. As David said, “The LORD will sustain him on his sickbed and restore him from his bed of illness.” (Psalm 41:3). Our Lord is full of grace. He cares of us. Those who take refuge in Him, though on sickbed, will enjoy a time of His love.

Note: We will have Bible Camp the week of Sunday July 26 to Saturday August 1 and then a week of Discipleship Training. My sharing by notes like this one will be suspended. I want to resume my sharing August 9, Lord willing. Please pray for my next chemotherapy July 28 and for the surgery in late August or early September.